



# F.O.T.S. Forest Devotional – Lesson 1

## *Who Is the Holy Spirit?*

Hello, F.O.T.S. Forest Friends!

I'm so glad you're here today! We're about to go on a fun, Bible Journey to learn more about someone very special, the Holy Spirit! Learning who He is will help you grow strong in your faith as you walk with God every day.

Are you ready? Great! Go grab your Bible, and let's begin our journey!

### ■ Let's Start with a Clue...

Did you know that God sent you a Helper from Heaven? That's right—He did! Let's read John 14:26 together to find out who that Helper is.

—■ Who did God send as our Helper?

Answer: \_\_\_\_\_

Awesome job! The Bible tells us that God sent the Holy Spirit to help us remember everything that Jesus taught.

### ■ Wait—Is the Holy Spirit God Too?

Yes! It's true! The Holy Spirit is God, just like Jesus is God, and God the Father is God.

Just like a triangle has three sides but is still just one shape, God is one—but we know Him in three Persons: God the Father, God the Son (Jesus), and God the Holy Spirit.

Let's look at Matthew 28:19 to see all three mentioned together.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

You did it! Those are the three “sides” of our one amazing God.

## ■ Let’s Make It Personal

Having a personal relationship with God, Jesus, and the Holy Spirit is something you can have today! Isn’t that amazing?! There is no greater bond you can have than with our Lord and Savior.

Because Jesus died on the cross, you can experience that bond. But there are a few very important steps you must take to begin your relationship with the Holy Spirit.

Believing in your heart that Jesus really is God’s Son and that He died on the cross and came back to life for you.

Turning away from sin, because God hates sin, not the sinner, and sin separates us from Him.

Calling Jesus Lord, which means He is #1 in your life, and you listen to Him, trust Him, and obey Him—even when it’s hard.

If you take these steps, you will begin a beautiful journey with the Holy Spirit! He loves you so much and wants to share a special bond with you.

*Notes for Parents: The ESV translation was used for this devotional. Other translations may be used, but wording may vary in the fill-in-the-blank sections.*